

Choc Peanut Butter Balls

A sneaky little treat for those times after dinner when you need one! Just don't eat too many!

Ingredients

150g almond meal
12 dates, pitted
2 tbsp cacao
2 tbsp peanut butter, or other nut butter
1 tbsp maple syrup / honey / other sweetener
Desiccated coconut to coat

1. Place pitted dates and 1/2 cup water in saucepan and simmer gently until water has been almost all absorbed.
2. Place all ingredients in blender and blend until all combined. If the mixture is a little sticky add a tablespoon of almond meal until the mixture is less sticky and able to be rolled easily.
3. With damp hands roll a rough tablespoon of the mixture into balls and coat with coconut.
4. Store in airtight container in the fridge for a sneaky treat.

